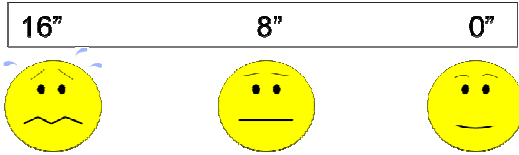


**Anxiety Measure (Adapted from MARS-E)**

**Materials:** Sliding smile scale (set up as depicted below).



**Introduction:** “Now I’m going to ask you some questions about what kinds of things make you feel nervous or anxious or tense. Do you know what it means to be nervous? Sometimes people feel nervous when they are worried about something or are afraid they might not know the answer. I want you to tell me how nervous each thing makes you feel. [Demonstrating with the sliding scale.] See, this side means ‘very, very nervous’, this would mean ‘a little nervous’, this means ‘in the middle’, this would mean ‘not very nervous, sort of calm’ and this side means ‘not nervous at all, very calm’. Let’s try one. How nervous do you feel when you’re looking down from the top of the building?” [Allow child to manipulate the slider.] “What if you were really nervous? What if you were only a little nervous? What if you were not nervous at all? [Correct child if necessary.] Good, now let’s get started. Don’t forget that you can put this anywhere you want to show your answer.”

**Scoring:** Write the location of the slider in inches (nearest ½ inch).

**General Notes:** After each question, return the slider to the center. No feedback should be given, only general praise and encouragement.

Slider Location	Question
	1. How do you feel when you have to solve $34 - 17$ ?
	2. How would you feel if you were given this problem: <i>You scored 15 points. Your friend scored 8 points. How many more points did you score than your friend?</i>
	3. How do you feel when getting your math book and seeing all the numbers in it?
	4. How would you feel if you were given this problem: <i>There are 13 ducks in the water. There are 6 ducks in the grass. How many ducks are there in all?</i>
	5. How do you feel when figuring out if you have enough money to buy a candy bar and a soft drink?
	6. How do you feel when taking a big test in your math class?
	7. How do you feel when you get called on by the teacher to explain a math problem on the board?
	8. How do you feel when you have to solve $27 + 15$ ?